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SCOPH
Public Health



SCOPE
Professional Exchange

PUBLIC HEALTH EXCHANGE INTERNSHIP FORM (SCOPH EXCHANGE Internship Form) (DENEM-Brazil)

General Information

Name of the Internship's Project:

Practical learning about Brazilian public health: Primary care and pre-hospital emergency medicine

Name and address of the department:

1 - Unidade de Saúde da Família Pantanal José Valdir de Oliveira - Sr. Vadinho
→ Estr. Monsores, 897 - Ramada, Miguel Pereira - RJ, 26900-000.

2- Organização Não Governamental (ONG) Projeto Vidas - R. Vicente Celestino, 201 - Madrugá, Vassouras - RJ, 27700-000.

Type of the Department:

Governmental Institute Non-Governmental Organization (NGO)
 Hospital/ Medical Institute Other, please mention

Head of the department: Pedro Victor Dias da Silva

Tutor(s): Pedro Victor Dias da Silva

Obs.: The name of the NOG's tutor may change with a future election. Besides, the tutor of the Primary Care Attention institution will be registered later, since the nomination has not yet been defined at the time of the submission of this project. However, this document certifies that the internships are confirmed and will occur with excellence.

E-mail: pedrovictords3@gmail.com

Phone: +55 24 99299-2965



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Description of the Internship

(min. 3 lines, max. 10 lines)

Problem Statement: Please describe the main issue(s) addressed during the internship:

Brazilian Health System is marked by the Public Health System (Sistema Único de Saúde - SUS) which provides free and universal assistance to the entire population. The services offered range from activities related to health promotion to expert assistance of greater complexity related to tertiary attention. Through the insertion of the exchange students in some institutions, this program intends not only to offer knowledge about the panorama of Brazilian health network, but to capacitate these students mostly about activities related to Primary Care Attention and pre-hospital assistance. In this case, the student will participate in health education activities together with the population developing skills that will enable both clinical and pre-hospital emergency training, leading to multi-sectoral professional development.

What is the main goal(s) of the Internship?

To Expand the knowledge about Brazilian public health system, focusing on Primary Care, main access to health care, through theoretical-practice activities along with the local equipments of public health network. Besides, the acquisition of knowledge about emergency approaches in pre-hospital care, providing a necessary and important professional development.

What are the objectives of the Internship?

- To get to know the local network of Primary Health Care;
- To get to know the territory and the territorial equipments;
- To learn about the Brazilian public health system – SUS;
- To participate in the activities of healthcare proposed by the institutions linked to the internship program;
- To think about the social and political roles that medicine plays in the population;
- To Develop skills focused on working together with the health network;
- To Develop a reflective-critical view about the health education practices;
- Expand the comprehension about the Social Determination of Health-Disease Process and conditions and their relation with individual and community health;



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- To be able of understanding pré-hospital emergencies, with or without medical support materials (health professionals must know how to save lives even without medical support materials)
- To learn about Basic support of life;
- To learn proper techniques to perform CPR (Cardiopulmonary Resuscitation);
- To have theoretical and practical mastery about clinical emergencies like airway clearance, electric shock and convulsion;
- To learn about proper techniques of fractures immobilization, bandages and wound dressing;
- To learn about proper transport of victims and patients (both equipped and improvised)

What is the expected outcome(s) of the Internship?

It's expected that, at the end of the internship, which will contemplate lots of theoretical and practical teachings, the exchange student, through the observation of the impacts of the free access of health, has developed a critical knowledge about the importance of health as a right of all citizens. It's aimed that the student develops clinical reasoning through the experiences at the Community Health Center and skills like: communication, self confidence, leadership, and comprehension about Brazilian Public Health System (Sistema Único de Saúde - SUS), which allows Brazilian population a universal and free access to health services.

Besides it's expected learning, aptitude and mastery about approaches on pre-hospital emergencies. This will allow the student to develop the skill of efficiency and agility in assistance and deal effectively and quickly in this kind of situation and under pressure as well as health professionals are subjected to deal in cases of imminent risk of life. This set of experiences will directly impact the process of learning and the production of health by the Exchange student, which will take a wide range of knowledge for his/her country and for the entire Professional career.

The impact will be assessed in the student's report at the end of his internship.

Type of the Internship:

- Advocacy Campaigning and Education Research Clinical Work
 Other, please mention



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Exchange Student's Role:

Will there be any theoretical teaching provided (preliminary reading, lectures, courses, seminars)?

There will be debates and palestries every week, provided by the local organization, about the Brazilian Public Health System (Sistema Único de Saúde – SUS), it's structures and levels of health care. The issues about the importance of universal access to the health system will also be discussed. Another point is the availability of theoretical material during the internship, which allows an early and contínuos learning process about the subjects.

Besides, there will be one week of learning focused on pré-hospital emergencies, where will be discussed the following themes:

1. Initial approach to polytrauma victim using the board;
2. How to make a proper immobilization;
3. Bandages e wound dressing: how to carry them out efficiently and safely
4. Cardiopulmonary Resuscitation (CPR): how to carry it out efficiently and how to approach cardiopulmonary arrest – based on the protocols of Basic Support of Life
5. Medical emergencies (airway clearance, convulsions and electric chock)
6. Improvisation of transport (how to deal with the transportation of victims and patients without proper equipments)

There will also be a event of institution together with the Exchange student to teach Cardiopulmonary Resuscitation and airways clearance to the population of Vassouras City, at Praça Barão de Campo Belo - Rua Barão de Vassouras - Centro, Vassouras - RJ - CEP 27700000.

What is the role of the student and what is expected from him/her during the exchange? (*minimum 3 lines*)

It's expected from the students punctuality, assiduality, engagement, leadership and active participation in proposed activities. From the premise that the exchange students are protagonists in the learning process, to a better experience, it's important to have compromise and willingness to obtain all the knowledge offered. Besides, it's also expected leadership, communication and interpersonal relationships, which will allow a trade of experiences, debates and exposure of opinions and strategies about the discussions. This behavior can impact a better way of learning, considering the participation of the student based on their questions and doubts during the experiences.



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What should be the outcome of the student's participation on the exchange Internship (paper, poster etc)?

Although articles, posters and presentations are extremely welcome and encouraged, the definitive result expected from the internship is learning and developing a broader view about Brazilian public health, since the local organization and the members involved will always be offering lots of support and openness, besides their own reports, in order to reach a better understanding of the exchange student's experience throughout the internship, as well as knowledge about what they thought of the experience.

Will you be providing performance based letter of recommendation?

Yes No

What are the practical skills and knowledge the student will acquire during the exchange program?

The student must develop several skills such as: leadership, self-confidence, ability to deal with clinical and pre-hospital emergencies, which will enable a great conduct in situations of pressure and imminent risk of life. Besides, the student must develop a critical and reflective view of public health, understanding the practices of local health and its importance and impacts on global health.

Another point is the acquisition of other skills such as: clinical reasoning, good communication and understanding of the integrality of the Brazilian Public Health System (Sistema Único de Saúde - SUS), through the perception and recognition of the different services offered to ensure an efficient and multiprofessional health service in addition to a large variety of other skills.

Requirements

(Please check all that apply)

Students Eligible for the Exchange:

- Medical Students
- Graduated Students (less than 6 months before the beginning of the exchange)
- Pre Medical Students (In case of countries where preclinical years are considered a different degree)
- Health Sciences Students (Please specify: Public Health, Paramedics etc.): Nursing Student



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Are there any other requirements than your NMO Exchange Condition?

Yes No

If yes, please mention them below:

Schedule

How long will be the exchange period?

(Please check both if you accept students for either 4 or 8 weeks)

4 weeks 8 weeks Other _____

There are approximately 6 hours of work per day.

Available months:

January February March April May June

July August September October November December

How many exchange students can you accept to this internship?

At the same time per one exchange period? 2

In total per year? 18

Special remarks:

None

By signing this form, the national officer fully accepts to abide to SCOPE and SCOPH regulations.



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31th May 2021; Lagarto/Sergipe- Brazil

Lara Carolina Oliveira

Lara Carolina de J. Oliveira

Date, Address

Name, Signature and Stamp of the NPO



31th May 2021; Rio Verde/Goiás- Brazil

Sabrina Paludo

Sabrina M. Paludo

Date, Address

Name, Signature and Stamp of the NEO

6/15/2021 Khartoum, Sudan

Date, Address



Name, Signature and Stamp of the SCOPH Director

Thank you for your contribution!