



# IFMSA

International Federation of  
Medical Students' Associations



**SCOPH**  
Public Health



**SCOPE**  
Professional Exchange

## PUBLIC HEALTH EXCHANGE INTERNSHIP FORM (SCOPH EXCHANGE Internship Form) (DENEM-Brazil)

### General Information

Name of the Internship's Project:

Challenges in Mental Health care in the Brazilian public health system (SUS)

Name and address of the department:

1. Instituto Multidisciplinar em Saúde (IMS) - Campus Anísio Teixeira (CAT) -  
Universidade Federal da Bahia - Rua Rio de Contas, 58 - Quadra 17 – Lote 58 -  
Bairro Candeias, Vitória da Conquista - BA - CEP 45.029-094
2. CAPS II - Praça Sá Barreto, 131 - Alto Maron, Vitória da Conquista - BA, 45003-215
3. CAPS IA - Av. Espanha, 606 - Candeias, Vitória da Conquista - BA, 45028-110

Type of the Department:

- |   |  |
|---|--|
| <input type="checkbox"/> Governmental Institute     | <input type="checkbox"/> Non-Governmental Organization (NGO) |
| <input type="checkbox"/> Hospital/Medical Institute | <input type="checkbox"/> Other, please mention               |

Head of the department:

Prof. Ricardo Fraga

Tutor(s):

Prof. Ricardo Fraga  
Prof. Katiene Rodrigues  
Prof. Livia Pires Vasconcelos

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## Description of the Internship

*(min. 3 lines, max. 10 lines)*

**Problem Statement:** Please describe the main issue(s) addressed during the internship:

The *Sistema Único de Saúde* (Unified Health System), better known by the acronym SUS, is Brazil's publicly funded health care system. Created in 1989, it is the largest (by number of beneficiaries/users and geographically) government run public health care system in the world - that is entirely free of any cost at the point of service for any person, including foreigners. At the time of its creation, psychiatric hospitals were receiving more than 75% of federal funding for mental health. Because of this, and the low quality institutions with serious human rights violations, the country sought psychiatric reform to decentralize mental health care by promoting community services, primary care integration, and residential and social support programs. The main issue addressed during the internship is to understand these services and how mental health care works in Brazil.

**What is the main goal(s) of the Internship?**

Understand the Brazilian context of deinstitutionalization and the mental health care integration into primary care. Develop the clinical skills necessary for the comprehensive approach of the patient within the context of mental health and primary care - seeing the patient within his physical, psychological and social context.

**What are the objectives of the Internship?**

Allow the student to know a new model of mental health care, discussing how the reform took place in Brazil, what are the current challenges, and also visiting the SUS services involved, such as the Psychosocial Care Centers (CAPS) - specialized in adults and those specialized in children and adolescents.

**What is the expected outcome(s) of the Internship?**

It is expected that in the end of the observership, the students will have an understanding about the reality of the Brazilian health care focused on the mental health, based on their experience in the daily activities and clinical attendance of the CAPS. From this observership, the students will be able to bring back home a new vision about how to approach in many ways the people with mental health conditions.

The impact will be assessed in the student's report at the end of his internship.

**Type of the Internship:**

- Advocacy  Campaigning and Education  Research  Clinical Work  
 Other, please mention

**Exchange Student's Role:**



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Will there be any theoretical teaching provided (preliminary reading, lectures, courses, seminars)?

Lectures and workshops given by Prof. Ricardo Fraga.

What is the role of the student and what is expected from him/her during the exchange? (*minimum 3 lines*)

One of the main objectives of the internship is the exchange of experience between people and the possibility of knowing a new reality. The student is expected to be punctual, proactive and interested. In addition, the exchange student must show to be a caring agent and have previous basic knowledge on subjects such as Primary Health Care and Mental Health.

What should be the outcome of the student's participation on the exchange Internship (paper, poster etc)?

1. A logbook from lived experiences in the Brazilian mental health system;
2. The participation in a round table to share the experience with the academic community.

Will you be providing performance based letter of recommendation?

Yes  No

What are the practical skills and knowledge the student will acquire during the exchange program?

It is expected that the student will acquire clinical skills in Mental Health (Psychiatry and Analytical based Therapies) and understand more the impact of Social Determination in Health, specifically in Mental Health conditions.

## **Requirements**

*(Please check all that apply)*

Students Eligible for the Exchange:

- Medical Students
- Graduated Students (less than 6 months before the beginning of the exchange)
- Pre Medical Students (In case of countries where preclinical years are considered a different degree)
- Health Sciences Students

Are there any other requirements than your NMO Exchange Condition?

Yes  No

If yes, please mention them below:

The student must speak Portuguese or Spanish.



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## **Schedule**

How long will be the exchange period?

*(Please check both if you accept students for either 4 or 8 weeks)*

4 weeks     8 weeks     Other \_\_\_\_\_

There are approximately 5 hours of work per day.

**Available months:**

January    February    March    April    May    June

July    August    September    October    November    December

How many exchange students can you accept to this internship?

At the same time per one exchange period: 2

In total per year: 2

**Special remarks:**



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By signing this form, the national officer fully accepts to abide to SCOPE and SCOPH regulations.



National Public Health Officer (NPO)

30<sup>th</sup> June 2020

João Lima

Date, Address

Name, Signature and Stamp of the NPO



National Exchange Officer (NEO)

30<sup>th</sup> June 2020

Monique Vasconcelos

Date, Address

Name, Signature and Stamp of the NEO

Date, Address

Name, Signature and Stamp of the SCOPH Director

Thank you for your contribution!