General Information

Name of the Internship’s Project *(highly specific)*: Comprehensive approach to the prevention and control of non-communicable diseases

Name and address of the Department: Samara Regional Centre of Medical Prevention

Type of the Department:
- [x] Governmental Institute
- [ ] Non-Governmental Organization (NGO)
- [ ] Hospital/ Medical Institute
- [ ] Other

Head of the Department:
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Description of the Internship (min. 3 lines, max. 10 lines)

Problem Statement:
Non-communicable diseases kill 40 million people each year, equivalent to 70% of all deaths globally. Nowadays in Russia the mortality rate due to cardiovascular diseases is still remain the first position (55% in cause-of-death structure), cancer is on the second place (15%). Bad habits such as tobacco use, alcohol overdose, lack of physical activity, unhealthy diet and other risk factors contribute to high mortality rate from NCDs. But still the vast majority of risk factors are preventable.

What is the main goal(s) of the Internship?
To educate student about the approaches in the organization of the prevention and control of NCDs in Russian healthcare system, to provide student an opportunity to participate in project management.

What are the objectives of the Internship?
1) To train presentation skills in order to make impactful public speaking
2) To participate in health scans and screenings at the workplace
3) To evaluate the results and draw conclusions regarding the effectiveness of the preventive healthcare system

What is the expected outcome(s) of the Internship?
Gaining knowledge in management and structure of the preventive healthcare system; developing the understanding of the differences in social determinantes of health, in healthcare systems generally and in the prevention measures specifically.

Type of the Internship (Can be a combination)
- [ ] Advocacy
- [x] Campaigning and Education
- [ ] Research
- [ ] Clinical Work
Will there be any theoretical teaching provided (preliminary readings, lectures, courses, seminars, etc)?

Preliminary lecture about Russian healthcare system and aspects of prevention will be provided on the first day of the exchange.

What is the role of the student and what is expected from him/her during the exchange? (minimum 3 lines)

1) introduction to the lecture’s subjects (for example, risks of cardiovascular diseases, hazards of smoking etc.) and participating in public speaking in front of the students
2) providing assistance to the physicians during health scans
3) to make a review about the effectiveness of prophylaxis

What should be the outcome of the student’s participation on the exchange Internship (paper, poster etc.)?

Paper containing evaluation of the prevention measures undertaken during the exchange.

Will you be providing a performance based letter of recommendation?

☑ Yes  ☐ No

What are the practical skills and knowledge the student will acquire during the exchange program?

Physical examination and rapid diagnostic tests skills; public speaking skills; patient communication and providing recommendation skills; statistical analysis of screening results.

Requirements

Students eligible for the exchange (Please check all that apply):

☑ Medical students
☑ Graduated students (less than 6 months before the beginning of the exchange)
☑ Pre-medical students (in case of countries where preclinical years are considered a different degree)
☐ Health Sciences students (Please specify: )
Are there any other requirements than your NMO Exchange Conditions?

☐ Yes  ☒ No

If yes, please mention them below:

Schedule

How long will be the exchange period? (Please check both if you accept students for either 4 or 8 weeks)

☒ 4 weeks  ☐ 8 weeks

There are approximately 6 hours of work per day.

Available months (specific periods can’t be written under special remarks):

☐ January  ☒ February  ☒ March  ☒ April  ☐ May  ☐ June

☐ July  ☐ August  ☒ September  ☒ October  ☒ November  ☐ December

How many exchange students can you accept to this internship?

At the same time per one exchange period? 3

In total per year: 18
Special remarks:

Only unilateral exchange is possible.

By signing this form the national officer fully accepts to abide to SCOPE exchange conditions and SCOPH regulations.

Date, Address

Name, Signature and Stamp of the NPO

Thank you for your contribution!